# Action Research: A Guide to Ernest Stringer's Approach

Action research is a form of research that is conducted by practitioners in their own work setting. It involves systematically examining a problem or issue in order to improve practice. Action research is often used by teachers, social workers, and other professionals who work with people.

One of the most influential figures in the field of action research is Ernest Stringer. Stringer developed a four-step model for action research that has been widely used by practitioners around the world.

Stringer's four-step model of action research involves the following steps:



#### Action Research by Ernest T. Stringer

4.4 out of 5

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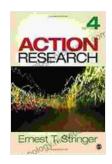
1. **Planning:** In the planning stage, you identify the problem or issue that you want to research. You also develop a plan for how you will conduct your research.

- 2. **Acting:** In the acting stage, you implement your research plan. This may involve collecting data, interviewing participants, or observing practice.
- 3. **Observing:** In the observing stage, you collect data and analyze it in order to assess the effectiveness of your intervention.
- 4. **Reflecting:** In the reflecting stage, you reflect on what you have learned from your research. You also consider how you can use your findings to improve your practice.

There are many benefits to using action research to improve your practice. Some of the benefits of action research include:

- It can help you to identify problems or issues in your practice. Action research can help you to identify areas where your practice could be improved.
- It can help you to develop and test new solutions to problems. Action research can help you to develop new ways to address problems in your practice.
- It can help you to improve your practice. Action research can help you to make informed decisions about how to improve your practice.
- It can help you to build a community of learners. Action research can help you to connect with other practitioners who are interested in improving their practice.

Action research is a powerful tool that can be used to improve practice. Ernest Stringer's four-step model of action research is a valuable resource for practitioners who are interested in using action research to improve their work.



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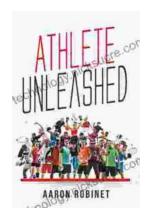
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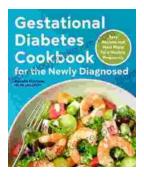
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