## Let Go Outside: Connecting People with Nature and the Outdoors



Let's Go Outside: Sticks and Stones – Nature Adventures, Games and Projects for Kids



Let Go Outside is a non-profit organization dedicated to connecting people with nature and the outdoors. We believe that everyone deserves the opportunity to experience the benefits of spending time in nature, regardless of their age, ability, or background.

We offer a variety of programs and activities to help people get outside and enjoy the natural world. These programs include:

- Hiking and backpacking trips: We lead guided hiking and backpacking trips in some of the most beautiful natural areas in the country. These trips are a great way to experience the beauty of nature and learn about the local flora and fauna.
- Camping trips: We offer camping trips for all levels of experience, from beginner to advanced. These trips are a great way to spend a night or two under the stars and learn about the basics of camping.

- Fishing and hunting trips: We offer fishing and hunting trips for those who enjoy these activities. These trips are a great way to learn about the local fish and wildlife populations and to experience the thrill of the hunt.
- Wildlife viewing trips: We offer wildlife viewing trips to some of the best wildlife viewing areas in the country. These trips are a great way to see animals in their natural habitat and learn about their behavior.
- Adventure trips: We offer adventure trips for those who are looking for a more challenging experience. These trips may include activities such as rock climbing, kayaking, and whitewater rafting.
- Conservation projects: We offer conservation projects for those who are interested in giving back to the environment. These projects may include planting trees, removing invasive species, and cleaning up trails.

In addition to our programs and activities, we also offer a variety of resources to help people learn about nature and the outdoors. These resources include:

- A website with information about our programs and activities, as well as articles about nature and the outdoors
- A blog with tips and advice on how to get outside and enjoy nature
- A social media presence on Facebook, Twitter, and Instagram
- A newsletter with updates on our programs and activities, as well as articles about nature and the outdoors

We hope that you will join us in our mission to connect people with nature and the outdoors. We believe that everyone deserves the opportunity to experience the benefits of spending time in nature, and we are committed to providing programs and resources to make that happen.

To learn more about Let Go Outside, please visit our website at www.letgooutside.org.

## Image credits

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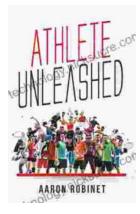


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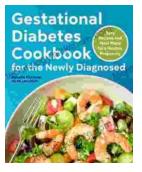
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