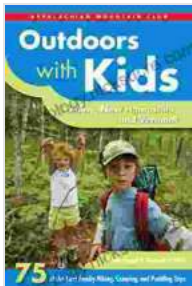


# Outdoors With Kids: Maine, New Hampshire, And Vermont

The great outdoors offers endless opportunities for adventure, exploration, and family bonding. And when it comes to family-friendly outdoor destinations, Maine, New Hampshire, and Vermont stand out as true gems.



## Outdoors with Kids Maine, New Hampshire, and Vermont: 75 of the Best Family Hiking, Camping, and Paddling Trips (AMC Outdoors with Kids) by Emma Hansen

★★★★☆ 4.9 out of 5

Language	: English
File size	: 11555 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 290 pages
Lending	: Enabled



These states boast a wealth of natural wonders, from towering mountains and pristine lakes to lush forests and sparkling rivers. Whether you're looking for scenic hikes, refreshing swims, or wildlife encounters, you'll find an endless array of activities to keep your kids entertained and engaged.

### Maine: A Coastal Paradise

Maine's rugged coastline, dotted with charming towns and picturesque harbors, offers a myriad of outdoor adventures for families.

Explore the rocky shores of Acadia National Park, where towering granite cliffs meet the crashing waves of the Atlantic Ocean. Embark on a whale-watching expedition from Bar Harbor, or paddle along the serene waters of Frenchman Bay.



For a unique and thrilling experience, take a scenic cruise along the dramatic coastline of Penobscot Bay. Keep an eye out for seals, porpoises, and even whales as you navigate the pristine waters.

### **New Hampshire: The Granite State**

Nestled in the heart of New England, New Hampshire is renowned for its majestic mountains and pristine lakes.

Families can embark on a scenic hike along the Franconia Notch State Park Loop. This 8-mile loop trail offers breathtaking views of Mount Lafayette, the highest peak in the White Mountains, and the sparkling waters of Profile Lake.

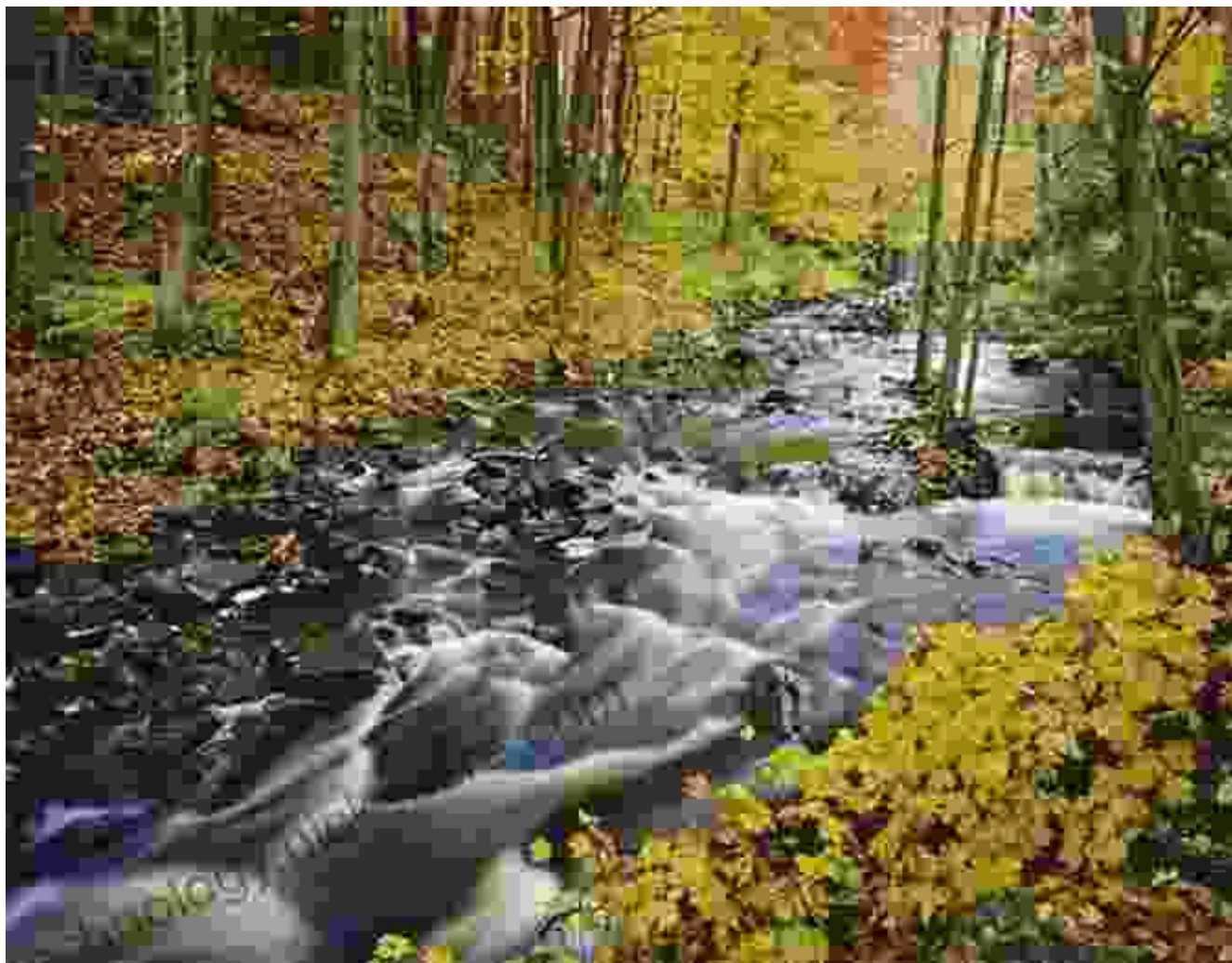


For a refreshing swim, head to Lake Winnepesaukee, the largest lake in New England. Enjoy swimming, boating, and fishing in its crystal-clear waters, surrounded by picturesque mountains.

### **Vermont: The Green Mountain State**

Vermont's rolling hills, verdant forests, and sparkling streams provide a serene and inviting setting for outdoor adventures.

Discover the wonders of the Green Mountain National Forest, where you can hike to scenic waterfalls, explore hidden swimming holes, and spot wildlife.



For a unique and educational experience, visit the Shelburne Farms, a working farm and educational center. Kids can interact with farm animals, explore nature trails, and learn about sustainable agriculture.

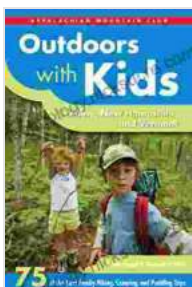
### **Tips for a Successful Outdoor Adventure with Kids**

To ensure a safe and enjoyable outdoor adventure with your kids, here are a few tips to keep in mind:

- Plan ahead and research the activities and destinations that are suitable for your family's age and abilities.
- Pack plenty of snacks, water, and sunscreen to keep everyone energized and protected from the elements.
- Choose trails that are appropriate for your kids' fitness level, and make sure to take breaks along the way.
- Wear comfortable and sturdy footwear, and dress in layers to adjust to changing weather conditions.
- Respect wildlife and their habitats, and keep your distance from animals.
- Leave no trace by packing out all trash and disposing of it properly.

Maine, New Hampshire, and Vermont offer a treasure trove of outdoor adventures for families. Whether you're looking for scenic hikes, refreshing swims, wildlife encounters, or educational experiences, these states have something to offer everyone.

So pack up your family, grab your hiking boots, and embark on an unforgettable adventure in the heart of nature. The great outdoors awaits, and it's ready to create lasting memories for you and your loved ones.



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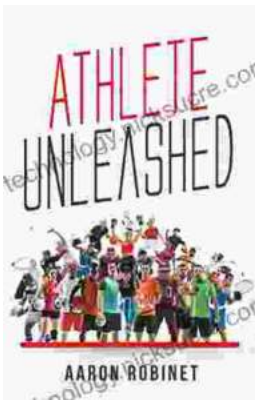
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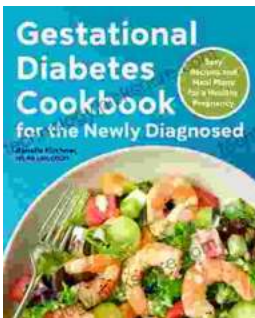
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