

The Real Play Revolution: Bringing True Play Back to Childhood

In a world where kids are increasingly overscheduled and overprotected, play has become a rare commodity. But play is essential for children's development. It's through play that kids learn how to socialize, problem-solve, and use their imaginations. It's also through play that kids develop important physical skills, such as coordination and balance.



The Real Play Revolution: Why We Need to Be Silly with Our Kids – and How to Do It by Ash Perrin

★★★★☆ 4.3 out of 5

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Word Wise : Enabled
Print length : 193 pages



Unfortunately, the way we've been thinking about play in recent decades has been all wrong. We've come to believe that play is something that kids do only when they're not doing something else, like learning or working. We've also come to believe that play should be structured and supervised by adults.

But this is not what play is all about. True play is unstructured, unsupervised, and child-led. It's the kind of play that happens when kids

are free to explore their own interests and create their own worlds.

The Real Play Revolution is a movement to bring back true play to childhood. It's about giving kids the time, space, and freedom to play in ways that are natural and developmentally appropriate.

The Real Play Revolution is based on the following principles:

- Play is essential for children's development.
- Play should be unstructured, unsupervised, and child-led.
- Play should be fun!

The Real Play Revolution is not about telling kids what to do or how to play. It's about giving them the freedom to discover their own interests and develop their own unique play styles.

If you're looking for ways to bring more play into your child's life, here are a few tips:

- Give your child plenty of free time to play.
- Don't overschedule your child's day.
- Provide your child with a variety of play materials.
- Let your child play in their own way.
- Join your child in play.

The Real Play Revolution is a movement that is changing the way we think about play. It's a movement that is bringing true play back to childhood.

****Relevant :****

Photo of children playing outdoors

****Long tail SEO title:****

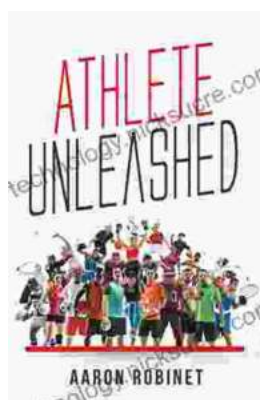
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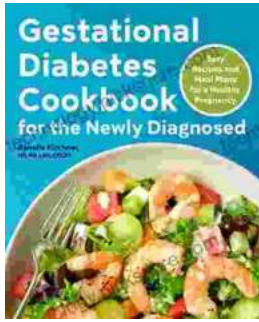
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